

# Tapping Into Your Money Potential

By Gayle A. North

*"If the emotional thought is stronger than the mental thought, then the physical result is often no action at all. Emotion overpowers the mental idea. ... When one mental idea changes – it often requires changing emotionally, mentally, and spiritually.*

*Many people cannot achieve their hearts desires because they become prisoners of their own doubts and fears. Their doubts and fears force them to keep doing the same old things, hoping things will change, which is the popular definition of insanity."*

- Robert Kiyosaki, Author of Rich Dad Poor Dad

The weekend of October 2nd and 3rd I am scheduled to facilitate a retreat entitled "Tapping Into Your Amazing Money Potential" at the Deep Bay Conference and Retreat Center in Lakeside, Montana. I felt inspired to choose the topic of money for this retreat because I find that so many people – including myself - experience blocks to various aspects of prosperity with money.

This retreat offers the opportunity to explore your relationship with money. Positive Changes in your relationship with money will occur as you discover AND CLEAR limiting beliefs, emotional blocks and outmoded patterns with money. As these old "energy blocks" are cleared away, a friendlier relationship with money emerges and it becomes easier to attract it and handle it wisely.

An example of this is illustrated by the following story.

A client who came into my office recently said he had been feeling depressed. One of the things that was bothering him was money problems. He is a songwriter and musician and is now ready to record his music. During our session, we discovered that he had a subconscious belief that he was incompetent with money (his evidence for this belief was all his mistakes and problems with money in the past). He believed (subconsciously) that he was a failure with money so it would be better not to have it than to create it and lose it again. That would bring him even more intense feelings of failure than if he just stayed semi-poor.

A part of him had given up hope that he would ever be able to handle money in a responsible way. Other parts of him still had hope that he could make a positive change in this area. He had developed subconscious belief that since he had not been a good steward over the money he had been given in the past, he doesn't deserve to have money in the future. He also had a hidden belief that having a lot of money might hinder his music and spiritual growth by sidetracking him onto a materialistic path.

He was really stuck in a way that immobilized him and caused him to be focused on money problems. This, ironically, distracted him from his ability to live in joy and focus on his spiritual life. He felt stuck between his past and his future and could not move forward into the unfamiliar opportunities that are being presented to him.

The current opportunity to record and distribute his music has the potential to bring a lot of money into his life. His subconscious mind was helping him avoid success and money at all costs. (Our subconscious is a neutral faithful servant always assisting us to prove that our hidden beliefs are right). This led to his avoidance of doing the things he needed to do to get ready to go to the studio and successfully record his beautiful music.

After some clearing of these old blocks, his energy seemed to lift and he felt peaceful, confident and ready to move forward into his future. He felt more optimistic that he can develop a better relationship to the money that may come to him in the future. He felt capable of handling money more wisely and more aligned with the concept that prosperity would enable him to contribute more to humanity - that his wealth could be a blessing to himself and others. The results of his changes will be fully evident in the weeks to come, but from all indications, he is ready to create a brighter future.

Money has always been somewhat of an issue for me as well. My mother was widowed at 32 with four children to raise. Money was a problem all through my childhood although our needs were always met. I don't know how my mother did it. She struggled with making enough money and with managing it as well. As I watched her struggle, I developed some beliefs about money and how there was never enough and how you had to work so hard to get it.

The topic of money has been uncomfortable for me and also mysteriously fascinating at the same time. I have read the books and attended prosperity seminars where material wealth and well being was the topic. And still, I seemed to get stuck in certain aspects of making and dealing with money.

A couple of years ago, after learning some new clearing techniques, I made a list of the negative feelings, beliefs and ideas I had around the topic of money. I listed everything I could think of – fears about failing, not having enough, having too much, (if I have it- there might not be enough for others, I shouldn't have more than others in my family, resistance to the responsibility of it, etc. I also listed some of the major mistakes I have made with money, the evidence I had used to prove to myself that I wasn't capable with money, etc.). Then I began clearing the energy related to each thing on the list. It has made a dramatic difference in my life and my relationship with money is much healthier. I encourage you to make your own "issues and beliefs related to money list". Even if you experience an abundance of money in your life – you may have issues with spending, saving, or giving.

---

Gayle North offers Personal Coaching for Positive Change using recently developed empowerment technologies to clear mental and emotional blocks that keep people stuck in unhealthy habits and prevent them from performing at their highest potential in school, sports, relationships, work and finance. Call 406-837-1214 to learn how you can STOP SMOKING IN ONE HOUR and for coaching in person or by phone.

[changeiseasy@montanasky.net](mailto:changeiseasy@montanasky.net)

[www.PositiveChangeInstitute.com](http://www.PositiveChangeInstitute.com)